

JAY DUKE

Equestrian

Clinics & Course Design



Jay Duke Now Booking Summer Clinics

Are you ready to learn? Book a summer clinic now with Jay Duke to help you solidify your basics and get an extra edge in the show ring. A Canadian Equestrian Team veteran, senior course designer with Equestrian Canada, and renowned clinician, Jay is now accepting summer clinic bookings. He has extensive first-hand knowledge of the show jumping industry and is available for clinics throughout North America. A range of packages are available with single to four-day sessions, which feature training that draws on three decades of experience and includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.

[More Information on Booking](#)

Upcoming Spring Clinics with Jay Duke:

- Rosenol Performance Horses in Prince George, British Columbia ~ March 10-11
- Noble Jumpers in Seattle, Washington ~ March 17-18
- High Plains Stables in Billings, Montana ~ March 24-25
- Bromont, Quebec ~ April 14-15
- Rosenol Performance Horses in Prince George, British Columbia ~ April 21-22
- Big Sky, Montana ~ April 26-29
- Peaceful Bay Stables, in Kalispell, Montana ~ May 12-13



What people are saying about Jay Duke Equestrian:

"I have known Jay for over 20 years and we worked together under the same professional when he was on the East Coast for a time. He has always been a true horseman and a great talent both in the saddle and training from the ground. But, overall I would say he is simply a great guy to be able to work with."

~ **Four-time U.S. Olympian and 2017 FEI World Cup™ Champion McLain Ward**

Have you heard about Jay Duke Equestrian's Virtual Lesson Subscription Program?

It's the next best thing to a Jay Duke clinic!

Subscribers to Jay Duke Equestrian's Virtual Lesson service receive access to his extensive library of exercises and tips to make the most of any lesson experience at varying levels. Subscriptions vary from à la carte options to weekly deliveries throughout a full year. Mobile-friendly lesson plans are delivered weekly via e-mail and ready to travel straight to the ring with you.

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CIRCLE OF DEATH PART 1
Difficulty: Intermediate

Same distance from the center point to all 4 jumps

100' - 30m

Materials:
8 standards, 12-15 rails. No fill.

KEY POINTS

Horses:

- Suppleness
- Land the correct lead
- Use both leads
- Strengthen hind end
- Squares front end form

Rider:

- Eyes
- Controlling track of the horse
- Using track to adjust distance
- Transitions
- Opening rein

LESSONS

Jump height - variable
Start this exercise with poles only. Once they are jumps, recommend using ground lines. Use either 1 or 2 rails for the fence build, younger horses should have 2 rails. This exercise can be used in any size arena. It is effective if there is a minimum of 3/4 strides to a maximum of 5/4 strides between each jump.

Lesson #1
Flat work, poles only. Use the circle at the walk, trot, or canter. Emphasize the shape of the horse's body with a slight inside flexion.

Lesson #2
At the center, have the horse take the same number of strides between each fence. There are 2 good options for this; one count will be slightly on the inside track, the other count will be slightly on the outside track. Both are ideal!

Lesson #3
Once you have established the rhythm ride from lesson #2, alternate the count between each jump. This makes the rider use pace and track to be successful.

For lessons 2 and 3, go around the circle a minimum of 4 times per turn. If there is an error, do not pull up or circle. This lesson teaches the rider to think forward about the next jump instead of the one behind them.

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A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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JUMP MEDIA

Raising The Bar In Equestrian PR

